

1

LOW GLYCEMIC INDEX BREAD

Abstract of the Disclosure

5

A low glycemic index baked bread product is provided. The baked bread product comprises a wheat flour product, a grain/seed source of soluble fiber, and a processed source of soluble fiber. The bread product has a total soluble fiber content of at least about 0.8 wt.% on a 42% moisture basis and a total beta-glucan content of at least about 0.2 wt.% on a 42% moisture basis.

10

KMO/edb

15

EDB PAS378938.1-* 10/31/01 11:42 AM

20

25

30

35